

Gunnar Garfors

BETWEEN THE LINES

LIFE AND DEATH ALONG THE EQUATOR AND THE POLAR CIRCLES

Original title: *Mellom linjene**På liv og død langs ekvator og polarsirklane*

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What does climate change actually mean for ordinary people, right now?

In *Between the Lines*, award-winning travel writer Gunnar Garfors sets out on an extraordinary journey along the Equator and the Arctic and Antarctic Circles to find out. His route takes him far off the beaten path, down the Congo River on a cargo ship, across Siberia by train, and over Antarctic ice in a tracked vehicle, as he seeks to understand the human cost of a rapidly changing climate.

Through powerful storytelling, vivid nature writing, and moving encounters with people along the way, Garfors offers a status report from a world under pressure. He shows how a changing climate affects the daily lives of fishermen, farmers, city dwellers, and Indigenous communities — from the Amazon rainforest to the icy wilderness of Greenland.

This is climate reporting with a human face. Gripping, eye-opening, and deeply moving. *Between the Lines* is not just a travelogue, but a vital document of our time.



Like a modern-day Kapuściński, Garfors sets off on a grueling journey far from the usual tourist trail.

Magasinet Reiselyst

I read this and gave lectures to my whole family all weekend. This book really made an impression — it's painful, but it's important. Maybe it's supposed to be.

Good Morning Norway, TV2

Gunnar Garfors

Gunnar Garfors (born 29 May 1975) is a Norwegian media professional, traveller, and author. He has worked with broadcasting and new media developments since 2001. Garfors has visited every country in the world and is the youngest hobby traveller to have done so. He is also the first to visit every country twice.

