

Anders Røyneberg

HOMEGROWN



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Would you love to enjoy the taste of fresh, homegrown vegetables?

In this book, you'll learn how to grow delicious tomatoes, fragrant herbs, crisp lettuce, apples, cucumbers, pumpkins, onions, and root vegetables—whether you have a garden, balcony, or just a windowsill.

With practical tips on containers, soil, and care, plus step-by-step guides to 24 tasty crops, this book makes home gardening easy for beginners and seasoned growers alike. The author also shares personal insights and favorite recipes to inspire you.

Growing your own food is rewarding, fun, and good for both you and the planet. No lecturing—just encouragement, humor, and plenty of green joy!

My contribution to the world is to teach more people about the art of growing their own vegetables. May you also fall in love with your vegetable pots and get bitten by the growing bug, the world's healthiest addiction. You are hereby warned. And remember - Plant people are peaceful people.

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Anders Røyneberg, known as @arcticgardener, is an agronomist, plant enthusiast and therapist. He is a regular guest on National TV, where he inspires viewers to embrace gardening. Together with Erik Schjerven, he has published the bestsellers *Krukkedilla*, *Livsnyterhagen*, *Plantebonanza*, and *Plantelykke*, which have been translated into 10 languages.

