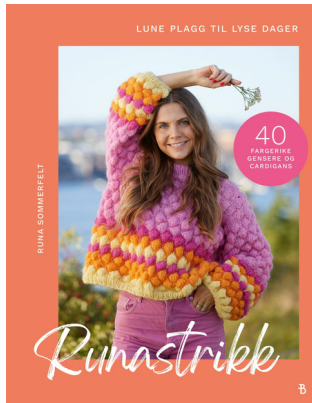


Runa Sommerfelt

RUNA KNITS

40 COLOURFUL SWEATERS AND CARDIGANS



Original title: *Runastrikk*
 40 fargerike gensere og cardigans
 Publisher: Bonnier Norsk forlag, 2024
 Category: Non Fiction
 Pages: 270

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Runa Knits is known for her colorful and unique knitting patterns. In this book, she shares her love for knitting and encourages you to become a part of the knitting community. Come join the knitting bubble!

When published *Runaknit* went straight to the top of the best seller list, and stayed there for a half year! This is knitwear perfect for late summer evenings, after icy cold swims, on cabin trips, mountain hikes, and boat rides. Runa Sommerfelt has gathered her softest, most popular, and colorful garments for you to knit. The book is more than just knitting patterns. It contains a treasure trove of tips and tricks - including how to care for and wash the garments, how to adapt yarn in the patterns, and inspiration for great color combinations. Even if you've never knitted before, you can safely buy this book. It contains everything a beginner needs to know to knit their first sweater. Runa also helps you unleash your creative side and design your own garments.

In 2025, Runa also published her knitting journal, *Knitting Joy*. Here you will find everything you need: technical tips, "design yourself" assistance, fun patterns, and note pages where you can jot down your own ideas and projects. And best of all: Learn from Runa how to design on your own or modify patterns to make them exactly the way you want.

Runa Sommerfelt

Runa Sommerfelt started @Runastrikk as a knitting diary on Instagram in 2020. She began designing knitting patterns, opened an online store, and published *Runa Knits* and a knitting journal in 2024. She now has 146 000 followers on Instagram and 57 000 on TikTok.

