

Anne Elvedal

## THE PATIENT



Original title: *Du kan kalle meg Jan*  
 Publisher: Cappelen Damm, 2024  
 Category: Crime/Thriller  
 Pages: 288

### AWARDS

NORLA Selected Title Autumn 2024  
 Nominated for Bronsekniven 2025  
 Nominated to the Riverton Award 2024

### RIGHTS SOLD TO

Germany, Ulstein  
 Denmark, Straarup & Co  
 The Netherlands, Prometheus  
 TV series are rights sold to Monster

***The Patient* is an intense and enigmatic psychological, page turning thriller about memories and identity - filled with unsettling twists and suspense.**

Few know who Ida Hansen really is. On the surface, she's a dedicated psychiatric nurse for young adults in Trondheim. When a patient suddenly goes missing, Ida discovers an old toy bunny that links the disappearance to her own past. A past she doesn't remember. Through hypnosis, Ida attempts to unearth repressed memories, hoping to find the missing girl. But can Ida trust her memories? Can she trust anyone around her at all?



**It's not hard to see why this was nominated for the Riverton Prize. An impressive and chilling crime debut that sinks its claws into the reader from the very first page and doesn't let go.**

VG

**The Patient is an eerie and mysterious psychological thriller with the overriding question of which memories are real and which are delusions. It will be very difficult for Elvedal to match, let alone surpass, this resounding debut.**

VrouwenThrillers.nl



**We may be talking about the best psychological thriller of the decade written by a female author.**

Randaberg24



**A lot of thriller literature is published, but books that are genuinely different are few and far between. But here is one.**

Adresseavisa

**A masterfully written thriller that draws you deeper and deeper into the heroine's dark world. It has one of the best plot twists I have ever read.**

Claudia Winkler, Publisher at Ullstein

**This is a mature masterpiece. The thrilling elements will remind people of Jussi Adler-Olsen, while the masterful depiction of guilt, innocence, and despair will remind others of Margaret Atwood.**

Job Lisman, Publisher at Prometheus

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## Anne Elvedal

Anne Elvedal is a successful screenwriter and also a trained nurse. She has worked several years in psychiatry. In recent years, she has written horror books for children and young adults to excellent reviews. *You Can Call Me Jan* is her debut as a fiction writer for adults.

